

Paramount Peaks

Catalog

No. 29

Dr Tamas Jasko
editor

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Watford
2021

Paramount Peaks Catalog No.29 - United States: Atlantic

Paramount Peaks Catalog

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Paramount Peaks Catalog No.29 - United States: Atlantic

US1. MEU

Maine

Peaks of over 120 m eminence, with a selection of lesser peaks

Area [sq.km]: 91,646

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
MEU-1	45.904N	-68.921W	1603	1603	Baxter Peak	
MEU-2	45.031N	-70.313W	1290	1290	Sugarloaf Mountain	
MEU-13	44.352N	-68.223W	461	461	Cadillac Mountain	
MEU-10	46.521N	-67.813W	447	531	Mars Hill	
MEU-17	44.241N	-69.066W	419	419	Mount Megunticook	
MEU-7	47.117N	-68.851W	345	598	McLean Mountain	
MEU-18	44.665N	-69.146W	291	355	Mount Harris	
MEU-4	45.468N	-70.126W	249	1135	Coburn Mountain	
MEU-9	46.686N	-69.244W	224	543	Shepherd Brook Mountain	
MEU-24	43.223N	-70.692W	210	210	Mount Agamenticus	
MEU-15	44.864N	-68.109W	194	439	Lead Mountain	
MEU-3	45.291N	-70.709W	190	1197	Snow Mountain	
MEU-5	45.766N	-70.203W	148	1105	Boundary Bald Mountain	
MEU-27	44.806N	-67.198W	118	118	Pughole Mountain	
MEU-26	44.211N	-69.683W	99	165	Beech Hill	
MEU-29	43.884N	-69.620W	87	87	Kenniston Hill	
MEU-19	47.297N	-68.290W	76	354	Cyr Mountain	
MEU-11	46.970N	-68.501W	62	526	Pennington Mountain	
MEU-21	44.476N	-69.217W	56	345	Frye Mountain	
MEU-12	46.413N	-68.065W	56	505	Saddleback Mountain	
MEU-31	43.814N	-69.837W	51	81	Fuller Mountain	
MEU-33	43.769N	-69.302W	45	45	Black Head	
MEU-8	46.970N	-68.876W	37	592	Deboullie Mountain	
MEU-23	44.580N	-68.895W	31	320	Mount Waldo	
MEU-25	44.102N	-70.004W	27	193	Whitten Hill	
MEU-28	44.713N	-67.362W	18	93	Woodruff Mountain	
MEU-16	46.610N	-68.191W	18	433	Squapan Mountain	
MEU-22	47.202N	-68.153W	7	327	Cold Mountain	
MEU-32	43.815N	-69.759W	4	79	Higgins Mountain	
MEU-30	44.629N	-67.395W	4	82	Howard Mountain	
MEU-6	45.484N	-69.711W	3	972	Big Moose Mountain	
MEU-20	44.702N	-69.078W	3	351	Peaked Mountain	
MEU-14	45.129N	-68.358W	1	442	Passadumkeag Mountain	

33

peaks

6874

nominal cover [sq.km]

171850

US1. NH

New Hampshire

Peaks of over 120 m eminence, with a selection of lesser peaks

Area [sq.km]: 24,217

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
NH-1	44.270N	-71.303W	1915	1915	Mount Washington	
NH-4	43.383N	-71.857W	545	892	Mount Kearsarge	
NH-3	42.861N	-72.109W	542	941	Monadnock Mountain	
NH-5	42.786N	-71.188W	32	112	Spicket Hill	
NH-2	45.106N	-71.099W	11	1077	Stub Hill	

5

peaks

3045

nominal cover [sq.km]

76125

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US1. RI Rhode Island

Peaks of over 30 m eminence, with a selection of lesser peaks

Area [sq.km]: 3,140

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
RI-6	41.171N	-71.594W	62	62	Mouwneit Hill	
RI-1	41.849N	-71.778W	59	256	Jerimoth Hill	
RI-2	41.643N	-71.710W	21	203	Bald Hill	
RI-3	41.652N	-71.191W	14	95	Pocasset Hill	
RI-4	41.586N	-71.253W	6	88	Quaker Hill	
RI-5	41.540N	-71.265W	3	87	Slate Hill	

6 peaks 165 nominal cover [sq.km] 4125

US1. CT Connecticut

Peaks of over 30 m eminence, with a selection of lesser peaks

Area [sq.km]: 14,356

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
CT-1	42.017N	-72.208W	396	396	Burley Hill	
CT-2	41.562N	-72.843W	301	301	West Peak	
CT-8	41.468N	-72.203W	82	196	Chapel Hill	
CT-4	41.610N	-72.535W	81	274	Bald Hill Range	
CT-3	41.483N	-73.090W	53	275	Andrews Hill	
CT-6	41.830N	-72.797W	49	264	King Phillip Mountain	
CT-5	41.708N	-72.472W	22	273	Mannantuck	
CT-9	41.497N	-71.937W	21	163	Prentice Mountain	
CT-7	41.663N	-71.848W	20	204	Ekonk Hill	
CT-10	41.493N	-71.861W	1	158	Chapman Hill	

10 peaks 1026 nominal cover [sq.km] 25650

US1. VT Vermont

Peaks of over 90 m eminence, with a selection of lesser peaks

Area [sq.km]: 24,923

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
VT-1	44.543N	-72.814W	1310	1337	The Chin	
VT-2	43.604N	-72.820W	1288	1288	Killington Peak	
VT-5	43.086N	-72.925W	437	1193	Stratton Mountain	
VT-6	44.924N	-72.525W	175	1148	Jay Peak	
VT-8	44.919N	-71.793W	156	1016	Gore Mountain	
VT-9	44.205N	-72.324W	116	1013	Signal Mountain	
VT-7	43.309N	-73.028W	62	1148	Dorset Mountain	
VT-4	44.160N	-72.929W	46	1234	Mount Ellen	
VT-10	44.766N	-71.988W	38	1010	Bald Mountain	
VT-3	44.319N	-72.886W	5	1239	Camels Hump	

10 peaks 3633 nominal cover [sq.km] 90825

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US1. MAS

Massachusetts

Peaks of over 30 m eminence, with a selection of lesser peaks

Area [sq.km]: 27,336

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
MAS-1	42.637N	-73.166W	322	1063	Mount Greylock	
MAS-6	42.212N	-71.115W	183	183	Great Blue Hill	
MAS-2	42.101N	-73.432W	148	793	Mount Everett	
MAS-7	42.641N	-71.106W	128	128	Holt Hill	
MAS-8	41.927N	-70.591W	114	114	Manomet Hill	
MAS-9	41.721N	-71.060W	109	109	Copicut Hill	
MAS-15	41.356N	-70.738W	83	83	Peaked Hill	
MAS-16	42.611N	-70.730W	78	78	Mount Ann	
MAS-12	41.708N	-70.565W	68	88	Pine Hill	
MAS-18	42.125N	-70.730W	60	77	Carolina Hill	
MAS-4	42.235N	-72.232W	58	362	Colonels Mountain	
MAS-5	42.048N	-71.815W	47	275	Wood Hill	
MAS-22	41.730N	-70.190W	45	45	Black Ball Hill	
MAS-17	41.879N	-71.217W	44	78	Great Meadow Hill	
MAS-23	42.039N	-70.060W	41	41	The Highlands	
MAS-24	41.697N	-69.980W	38	38	Great Hill	
MAS-21	41.889N	-70.890W	32	55	Barden Hills	
MAS-27	41.280N	-70.008W	29	29	Folger Hill	
MAS-11	42.865N	-70.938W	21	99	Powwow Hill	
MAS-13	42.490N	-70.985W	20	88	Burrill Hill	
MAS-3	42.363N	-72.423W	19	375	Mount Lincoln	
MAS-28	41.377N	-70.483W	17	28	Sampson Hill	
MAS-19	42.682N	-70.864W	11	74	Turkey Hill	
MAS-29	42.073N	-70.205W	10	26	Ocean View Hill	
MAS-26	41.952N	-70.003W	9	32	Gross Hill	
MAS-10	42.807N	-71.058W	7	100	Ayers Hill	
MAS-14	41.733N	-70.486W	5	85	Telegraph Hill	
MAS-25	41.419N	-70.933W	4	38	Cuttyhuck Island	
MAS-20	42.657N	-70.634W	2	66	Pool Hill	

29

peaks

1752

nominal cover [sq.km]

43800

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US1. NJ

New Jersey

Peaks of over 120 m eminence, with a selection of lesser peaks

Area [sq.km]: 22,608

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
NJ-1	41.320N	-74.661W	164	551	Kittatinny Mountain	
NJ-7	40.390N	-74.184W	120	120	Crawford Hill	
NJ-8	40.234N	-74.413W	97	110	Pine Hill	
NJ-3	40.841N	-74.861W	75	375	Upper Pohatcong Mountain	
NJ-2	41.007N	-74.549W	73	420	Bowling Green Mountain	
NJ-9	39.798N	-74.993W	61	61	Signal Hill (Pine Hill)	
NJ-10	39.807N	-74.589W	56	56	Apple Pie Hill	
NJ-12	39.847N	-74.288W	55	55	Forked River Mountain	
NJ-11	40.010N	-74.672W	55	55	Mount Pisgah	
NJ-6	40.330N	-74.872W	36	146	Baldpate Mountain	
NJ-18	40.069N	-74.200W	34	40	Stony Hill	
NJ-15	39.934N	-74.894W	23	49	Mount Laurel	
NJ-13	39.773N	-74.455W	19	52	Spring Hill	
NJ-4	40.935N	-74.772W	17	372	Allamuchy Mountain	
NJ-16	40.034N	-74.549W	8	45	Taylor's Mountain	
NJ-14	39.823N	-74.873W	7	50	Stone Mountain	
NJ-19	39.577N	-74.533W	3	3	Hog Islands	
NJ-17	40.002N	-74.788W	3	42	Mount Holly	
NJ-5	40.322N	-74.895W	1	146	Strawberry Hill	

19

peaks

907

nominal cover [sq.km]

22675

US1. NY

New York

Peaks of over 180 m eminence, with a selection of lesser peaks

Area [sq.km]: 183,272

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
NY-1	44.112N	-73.923W	1617	1617	Mount Marcy	
NY-2	41.998N	-74.386W	1266	1266	Slide Mountain	
NY-21	42.812N	-75.752W	656	656	Morrow Mountain	
NY-26	43.650N	-75.485W	643	643	Gomer Hill	
NY-27	42.802N	-74.938W	641	641	Rum Hill	
NY-19	42.711N	-77.443W	498	696	Frost Hill	
NY-25	42.493N	-76.139W	342	643	Virgil Mountain	
NY-29	42.386N	-76.669W	316	638	Connecticut Hill	
NY-57	41.521N	-73.557W	262	386	Birch Hill	
NY-8	42.212N	-78.827W	218	733	Shutts Hill	
NY-6	44.692N	-73.880W	196	1159	Averill Peak	
NY-63	44.267N	-75.722W	155	155	Honey Hill	
NY-64	43.342N	-76.337W	151	154	Bristol Hill	
NY-10	42.211N	-77.660W	140	733	Call Hill	
NY-61	43.086N	-78.785W	127	191	Bear Ridge	
NY-72	44.667N	-74.988W	124	124	Fall Island	
NY-73	40.815N	-73.425W	118	118	High Hill	
NY-52	42.695N	-78.068W	109	518	Oak Hill	
NY-62	43.215N	-76.732W	103	184	Cuddeback Hill	
NY-77	40.845N	-73.032W	98	98	Tower Hill	
NY-48	42.273N	-75.680W	96	546	Bobell Hill	

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NY-5	43.700N	-74.385W	95	1166	Snowy Mountain	
NY-80	40.880N	-72.710W	89	89	Bald Hill	
NY-79	40.969N	-72.347W	89	89	Noyack Top	
NY-81	44.765N	-75.400W	88	88	Galop Island	
NY-82	43.905N	-76.416W	87	87	Galloo Islands	
NY-74	40.602N	-74.112W	86	113	Todt Hill	
NY-76	44.183N	-76.291W	82	101	Carleton Island	
NY-9	42.022N	-78.456W	81	733	Hartzfelt Mountain	
NY-78	44.520N	-75.588W	81	94	Booths Island	
NY-83	43.374N	-78.160W	80	80	Brighton Cliff	
NY-7	42.049N	-78.012W	76	777	Alma Hill	
NY-88	43.700N	-77.166W	75	75	Point Petre Ridge	
NY-87	43.666N	-77.624W	75	75	Scotch Bonnet Ridge	
NY-86	43.500N	-78.991W	75	75	Whitby-Olcott Ridge	
NY-93	44.950N	-75.010W	73	73	Cat Island	
NY-22	42.506N	-77.617W	72	654	Sand Hill	
NY-94	41.032N	-71.975W	65	65	Mont Auk	
NY-39	42.940N	-75.316W	63	592	Tassel Hill	
NY-53	42.772N	-78.287W	59	515	Cobble Hill	
NY-28	42.304N	-79.179W	56	640	Arab Hill	
NY-3	42.177N	-74.230W	55	1233	Hunter Mountain	
NY-84	43.924N	-76.167W	53	77	Bass Island	
NY-37	42.634N	-75.429W	49	600	Skinner Hill	
NY-75	40.799N	-73.639W	40	106	Harbor Hill	
NY-71	44.220N	-75.965W	36	128	Beech Ridge	
NY-44	42.403N	-77.004W	35	576	Huey Hill	
NY-91	44.888N	-75.170W	33	73	Dry Island	
NY-60	43.172N	-77.775W	31	200	Woodchuck Hill	
NY-56	41.209N	-74.354W	31	454	Taylor Mountain	
NY-16	42.184N	-78.520W	30	708	Chapell Hill	
NY-46	42.068N	-79.518W	29	569	Sweet Hill	
NY-20	42.388N	-78.341W	28	671	Bush Hill	
NY-59	43.147N	-77.068W	27	207	Brantling Hill	
NY-49	42.389N	-75.506W	25	537	Breffel Hill	
NY-31	42.785N	-75.993W	24	618	Morgan Hill	
NY-24	42.530N	-77.351W	23	647	West Hill	
NY-54	42.810N	-78.143W	21	511	Fox Hill	
NY-45	42.345N	-76.360W	21	570	Bald Mountain	
NY-30	42.773N	-75.091W	21	636	Angel Hill	
NY-36	42.790N	-76.240W	19	604	Ripley Hill	
NY-35	42.638N	-75.658W	18	606	Pigeon Hill	
NY-65	43.292N	-76.521W	17	143	Harris Hill	
NY-50	42.142N	-76.586W	17	532	Barnes Hill	
NY-41	42.187N	-76.981W	17	580	Quackenbush Hill	
NY-32	42.686N	-75.904W	16	617	Randall Hill	
NY-15	42.062N	-78.667W	10	708	Mount Irvine	
NY-23	42.470N	-77.535W	9	653	Potter Hill	
NY-17	42.308N	-78.698W	9	706	Poverty Hill	
NY-14	42.232N	-77.811W	9	717	Jericho Hill	
NY-38	42.549N	-75.690W	8	598	Berry Hill	

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NY-13	42.131N	-77.703W	8	727	Dryden Hill	
NY-95	41.004N	-72.570W	7	44	Mattituck Hills	
NY-4	42.270N	-74.122W	7	1211	Black Dome	
NY-34	42.502N	-78.533W	7	614	Blue Hill	
NY-11	42.160N	-77.589W	7	730	Jackson Hill	
NY-96	41.153N	-72.292W	6	26	Browns Hills	
NY-67	43.435N	-76.442W	6	132	Dutch Ridge	
NY-66	41.072N	-73.848W	6	140	Hackley Hill	
NY-42	42.232N	-76.930W	6	579	Martin Hill	
NY-33	42.757N	-76.073W	6	616	Truxton Hill	
NY-92	44.970N	-74.946W	5	73	Delany Island	
NY-68	43.393N	-76.490W	5	131	Worden Hill	
NY-51	42.113N	-76.458W	5	518	Prospect Hill	
NY-90	44.912N	-75.116W	4	73	Gooseneck Island	
NY-55	42.844N	-78.192W	4	510	Colton Hill	
NY-47	42.061N	-75.951W	4	556	Ingraham Hill	
NY-18	42.272N	-78.503W	4	697	Laidlaw Hill	
NY-89	44.928N	-75.062W	3	73	Treasure Island	
NY-85	43.895N	-76.214W	3	76	Association Island	
NY-58	41.303N	-73.554W	2	296	East Long Pond Mountain	
NY-43	42.381N	-77.186W	2	577	Mount Washington	
NY-40	42.888N	-75.342W	2	588	Mount Hunger	
NY-70	43.415N	-76.539W	1	129	Cornish Hill	
NY-69	43.435N	-76.523W	1	129	Gardner Hill	
NY-12	42.157N	-77.691W	1	727	Greenwood Hill	

96	peaks	10296	nominal cover [sq.km]	257400
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Paramount Peaks Catalog No.29 - United States: Atlantic

US1. PAU Pennsylvania

Peaks of over 150 m eminence, with a selection of lesser peaks

Area [sq.km]: 94,321

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
PAU-1	39.785N	-79.177W	978	978	Mount Davis	
PAU-2	40.288N	-78.563W	897	953	Blue Knob	
PAU-4	41.715N	-75.560W	817	817	North Knob	
PAU-7	41.319N	-76.554W	788	788	Bad Hill	
PAU-8	41.879N	-77.714W	785	785	Bailey Hill	
PAU-18	39.950N	-77.936W	457	740	Big Mountain	
PAU-21	41.691N	-76.888W	332	730	Armenia Mountain	
PAU-46	41.235N	-75.635W	320	689	Big Pine Hill	
PAU-65	40.850N	-76.079W	290	634	Bears Head	
PAU-19	41.074N	-78.568W	248	737	Hobo Hill	
PAU-106	40.534N	-79.533W	234	392	Avonmore Top	
PAU-20	40.745N	-77.693W	231	734	Thickhead Mountain	
PAU-67	40.794N	-78.975W	229	630	Kinter Hill	
PAU-94	40.131N	-80.241W	224	461	Mount Wheeler	
PAU-6	40.704N	-78.368W	224	799	Lost Mountain	
PAU-79	41.991N	-76.072W	192	577	Cork Hill	
PAU-100	40.324N	-76.194W	189	418	South Mountain	
PAU-109	40.477N	-75.682W	187	374	Topton Mountain	
PAU-103	40.922N	-80.328W	186	405	Turkey Hill	
PAU-33	41.241N	-77.782W	184	711	Barneys Ridge	
PAU-87	41.547N	-80.035W	172	491	Round Knob (Wayne)	
PAU-36	40.293N	-77.966W	160	708	Butler Knob	
PAU-28	41.652N	-76.410W	149	714	Robwood Mountain	
PAU-74	41.926N	-79.390W	145	597	Pikes Rocks	
PAU-25	40.962N	-77.467W	133	719	The Winehead	
PAU-83	40.599N	-76.581W	130	545	Big Lick Mountain	
PAU-85	41.355N	-79.536W	119	512	Pine Hill	
PAU-90	41.170N	-79.805W	113	479	Eakin Knob	
PAU-39	41.549N	-78.468W	103	703	Jarrets Summit	
PAU-91	41.077N	-79.475W	99	478	Myers Hill	
PAU-27	41.909N	-77.010W	92	714	Tower Hill	
PAU-118	40.034N	-76.618W	87	320	Hellam Hills	
PAU-105	40.720N	-80.199W	87	394	Big Knob (Sewickley)	
PAU-99	40.343N	-80.410W	85	431	Quakers Knob	
PAU-54	41.028N	-75.508W	81	669	Pimple Hill	
PAU-102	40.252N	-79.950W	76	412	Pollocks Knob	
PAU-16	41.813N	-78.381W	75	743	Prospect Hill	
PAU-112	40.582N	-79.840W	69	364	Rich Hill	
PAU-110	40.772N	-79.922W	69	372	Oak Crest	
PAU-26	40.948N	-77.926W	65	716	Bear Knob	
PAU-120	40.529N	-75.348W	65	308	Flint Hill	
PAU-88	40.420N	-76.809W	64	488	Third Mountain	
PAU-101	41.393N	-80.323W	62	416	Wheeler Hill	
PAU-92	41.858N	-80.167W	61	469	Gibson Hill	
PAU-86	41.833N	-79.860W	59	511	Shreve Ridge	
PAU-51	41.247N	-75.385W	59	679	Hardwood Ridge	

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PAU-50	41.431N	-75.750W	59	680	Pinnacle Rock	
PAU-119	40.117N	-75.927W	59	313	Welsh Mountain	
PAU-13	41.698N	-78.146W	57	754	Lookout Mountain	
PAU-23	41.164N	-78.353W	55	725	Chestnut Ridge	
PAU-14	41.361N	-76.271W	54	750	Cherry Ridge	
PAU-32	41.987N	-78.715W	53	711	Blacksnake Mountain	
PAU-37	41.473N	-77.102W	50	706	Laurel Mountain	
PAU-29	41.504N	-76.066W	50	714	Forkston Mountain	
PAU-24	41.247N	-78.646W	50	722	Boone Mountain	
PAU-9	41.784N	-77.888W	49	784	Lyon Hill	
PAU-42	41.721N	-78.642W	48	701	Howard Hill	
PAU-89	41.489N	-79.732W	47	482	Foster Hill	
PAU-73	41.015N	-75.929W	47	603	Buck Mountain	
PAU-84	42.073N	-79.773W	45	544	Drumlins	
PAU-61	41.836N	-78.977W	41	652	Coal Knob	
PAU-17	41.866N	-78.165W	41	740	Clara Hill	
PAU-48	40.217N	-77.650W	39	683	Eckenrode Knob	
PAU-40	41.592N	-76.600W	35	703	Cahill Mountain	
PAU-93	40.932N	-79.548W	34	465	Peach Hill	
PAU-49	41.481N	-78.259W	33	682	Whittimore Hill	
PAU-82	40.825N	-76.396W	32	552	Big Mountain (Conyngham)	
PAU-80	41.315N	-79.038W	32	576	Edeburn Hill	
PAU-58	40.974N	-77.138W	32	660	Jones Mountain	
PAU-56	40.389N	-77.742W	31	664	Blacklog Mountain	
PAU-30	41.547N	-76.261W	30	713	Tyler Mountain	
PAU-3	39.734N	-79.733W	30	839	Davies Mountain	
PAU-15	41.655N	-77.576W	30	750	Cedar Mountain	
PAU-34	40.050N	-77.747W	29	709	Clarks Knob	
PAU-107	41.237N	-80.426W	29	386	Keel Ridge	
PAU-35	41.825N	-77.414W	27	709	Broad Ridge	
PAU-59	40.357N	-77.546W	26	659	Big Blue Knob	
PAU-71	41.299N	-75.124W	25	624	High Knob	
PAU-11	40.792N	-78.175W	25	767	Sandy Ridge	
PAU-96	40.105N	-80.398W	24	456	Mosier Hill	
PAU-12	41.655N	-77.761W	23	757	Mount Brodhead	
PAU-66	39.960N	-77.477W	21	631	Methodist Hill	
PAU-44	41.810N	-76.716W	21	691	Mount Pisgah	
PAU-124	39.964N	-76.093W	21	257	Mine Ridge	
PAU-115	40.246N	-76.455W	21	350	Governor Dick Hill	
PAU-95	41.662N	-80.183W	19	460	Round Top	
PAU-45	41.712N	-77.156W	19	690	Maple Hill	
PAU-41	40.010N	-78.145W	19	702	Bald Knob	
PAU-126	40.128N	-75.197W	19	104	Camp Hill	
PAU-75	41.841N	-79.508W	18	586	Jackson Hill	
PAU-121	40.201N	-75.812W	18	305	Williams Hill	
PAU-76	41.691N	-79.259W	16	585	Hearts Content	
PAU-57	41.343N	-77.988W	16	660	Savage Mountain	
PAU-47	41.668N	-77.280W	15	685	Goat Ranch Hill	
PAU-125	40.088N	-75.474W	15	176	Mount Misery	
PAU-108	40.629N	-80.313W	15	378	Bunker Hill	

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PAU-63	41.753N	-78.897W	14	646	Swede Hill	
PAU-68	39.834N	-77.493W	12	629	Snowy Mountain	
PAU-43	40.225N	-78.086W	12	699	Round Knob	
PAU-77	41.774N	-79.435W	11	583	Cole Hill	
PAU-117	39.735N	-76.859W	11	324	Beecher Hill	
PAU-10	41.875N	-77.878W	11	779	Cobb Hill	
PAU-60	41.387N	-78.125W	9	654	Grove Hill	
PAU-5	41.791N	-75.455W	9	803	Mount Ararat	
PAU-38	41.052N	-77.379W	9	704	Riansares Mountain	
PAU-123	40.488N	-75.219W	9	295	Maycock Mountain	
PAU-55	41.043N	-75.605W	8	666	Lake Mountain	
PAU-81	41.272N	-79.158W	7	564	Kahletown Hill	
PAU-69	41.090N	-77.029W	7	628	South White Deer Ridge	
PAU-78	41.822N	-79.325W	6	577	Crippen Hill	
PAU-70	40.001N	-77.407W	6	628	Big Flat Tower	
PAU-62	41.042N	-75.352W	5	647	Camelback Mountain	
PAU-53	41.834N	-78.741W	5	671	Cherry Hill	
PAU-122	40.589N	-75.315W	5	305	Kirchberg	
PAU-98	41.060N	-79.915W	4	446	Hamilton Ridge	
PAU-64	41.346N	-77.564W	4	641	Hyner Mountain	
PAU-31	41.625N	-77.001W	4	712	Huckleberry Mountain (Union)	
PAU-114	39.862N	-76.949W	4	354	High Rock	
PAU-104	40.541N	-77.036W	4	405	Buffalo Mountain	
PAU-111	40.759N	-80.344W	3	370	Steffens Hill	
PAU-72	41.692N	-79.062W	2	611	Bull Hill	
PAU-52	40.780N	-77.458W	2	672	Strong Mountain	
PAU-22	40.681N	-77.738W	2	726	Broad Mountain	
PAU-113	41.118N	-80.407W	2	360	Bird Hill	
PAU-97	40.085N	-80.446W	1	454	Sampson Hill	
PAU-116	40.325N	-75.703W	1	330	Fancy Hill	

126 peaks

12304

nominal cover [sq.km]

307600

US1. DEL

Delaware

Area [sq.km]: 6,452

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
DEL-1	39.834N	-75.521W	88	137	Ebright Rd (Azimuth)	
DEL-4	38.711N	-75.478W	15	15	Wilson Hill	
DEL-2	39.785N	-75.668W	14	121	Horseshoe Hill	
DEL-5	38.873N	-75.651W	13	13	Gum Island	
DEL-8	38.609N	-75.592W	12	12	Easter Hill	
DEL-7	38.775N	-75.097W	12	12	Sand Hill	
DEL-6	38.518N	-75.450W	12	12	Terrapin Hill	
DEL-9	38.779N	-75.297W	6	6	Rattlesnake Hill	
DEL-10	39.439N	-75.596W	4	4	The Rocks	
DEL-3	39.640N	-75.753W	1	101	Iron Hill	

10

peaks

177

nominal cover [sq.km]

4425

Paramount Peaks Catalog No.29 - United States: Atlantic

US1. MDC

Maryland & D.C.

Peaks of over 180 m eminence, with a selection of lesser peaks

Area [sq.km]: 32,133

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
MDC-3	39.696N	-77.512W	246	654	Quirauk Mountain	
MDC-7	39.634N	-76.417W	112	190	Rock Ridge	
MDC-5	39.412N	-76.834W	80	201	Soldiers Delight	
MDC-9	39.659N	-75.898W	61	125	Egg Hill	
MDC-8	39.570N	-76.130W	55	142	Mount Felix	
MDC-1	39.427N	-79.258W	52	978	Wild Turkey Rock	
MDC-10	39.035N	-76.619W	51	51	Bacon Ridge	
MDC-11	38.520N	-77.028W	49	49	Rose Hill	
MDC-13	38.497N	-77.209W	38	47	Stretchmark Hill	
MDC-15	38.435N	-76.478W	35	35	Fort Hill	
MDC-12	39.089N	-76.485W	24	48	Eagle Hill	
MDC-16	38.130N	-76.371W	22	22	Blue Gull Hill	
MDC-14	38.405N	-76.967W	17	36	Ellenboro Hill	
MDC-17	38.785N	-75.806W	16	16	Opossum Hill	
MDC-6	39.484N	-76.724W	14	195	Chestnut Ridge	
MDC-19	38.747N	-76.562W	14	14	Owings Cliffs	
MDC-18	38.636N	-76.520W	14	14	Roosevelt Cliffs	
MDC-2	39.548N	-79.369W	13	948	Marsh Hill	
MDC-21	38.260N	-75.623W	12	12	Backbone Hill	
MDC-20	38.295N	-75.451W	12	12	Beech Island	
MDC-4	39.448N	-77.627W	11	531	Lambs Knoll	
MDC-22	38.418N	-75.308W	11	11	Pine Ridge	

22 peaks

959

nominal cover [sq.km]

23975

US1. WV

West Virginia

Peaks of over 150 m eminence, with a selection of lesser peaks

Area [sq.km]: 62,755

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
WV-1	38.699N	-79.532W	1482	1482	Spruce Knob	
WV-8	37.787N	-81.490W	636	1083	Ivy Knob	
WV-12	39.435N	-80.551W	505	505	Arches Top	
WV-19	39.031N	-80.862W	360	436	Sinking Creek Top	
WV-2	38.447N	-79.931W	307	1476	Bald Knob	
WV-11	37.879N	-82.320W	269	561	Antley Knob	
WV-7	37.773N	-80.705W	243	1195	Keeney Knob	
WV-25	39.012N	-81.299W	163	406	Ruble Knob	
WV-6	37.292N	-80.980W	162	1240	Buckhorn Knob	
WV-26	38.742N	-81.166W	156	400	Desert Knob	
WV-13	39.701N	-80.406W	149	493	Honsocket Knob	
WV-18	39.140N	-77.834W	134	439	Raven Rocks	
WV-20	39.438N	-80.957W	121	434	Owlshead	
WV-43	38.703N	-82.088W	94	298	Loggerhead Ridge	
WV-30	39.261N	-81.272W	93	388	Buzzard Rocks	
WV-10	39.501N	-79.533W	81	960	Gregg Knob	
WV-3	38.929N	-79.456W	79	1452	Mount Porte Crayon	

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WV-32	38.235N	-82.220W	63	367	Flag Knob	
WV-28	38.603N	-81.309W	55	393	Jackson Rocks	
WV-5	38.144N	-80.344W	51	1377	Briery Knob	
WV-33	38.671N	-81.680W	47	365	Garnes Knob	
WV-4	38.326N	-80.153W	45	1434	Red Spruce Knob	
WV-31	38.547N	-81.499W	43	387	Gunstock Knob	
WV-46	38.849N	-81.914W	41	280	Chestnut Ridge	
WV-35	38.810N	-81.399W	32	361	Colt Ridge	
WV-9	37.590N	-81.114W	31	1077	Flat Top Mountain	
WV-23	39.170N	-80.979W	30	412	King Knob	
WV-15	39.649N	-80.645W	30	477	Fairview Ridge	
WV-16	39.804N	-80.551W	27	475	Culley Hill	
WV-42	39.203N	-81.607W	26	310	Scoby Knob	
WV-34	38.916N	-81.502W	23	363	Weed Knob	
WV-27	38.904N	-81.194W	23	393	Rattlesnake Knob	
WV-40	39.025N	-81.708W	22	332	Shafer Knob	
WV-47	38.936N	-82.039W	16	263	Mission Ridge	
WV-17	39.439N	-80.333W	16	466	Odell Knob	
WV-41	38.444N	-82.058W	12	330	Signal Knob	
WV-37	38.360N	-82.158W	12	344	Porter Knob	
WV-22	40.597N	-80.525W	10	412	Stewart Hill	
WV-44	38.586N	-81.970W	9	291	Cross Creek Ridge	
WV-45	38.635N	-81.999W	5	290	Parker Hill	
WV-39	38.761N	-81.524W	5	343	Monroe Knob	
WV-36	39.032N	-81.529W	5	348	Mail Point Hill	
WV-21	39.756N	-80.826W	5	422	Wayne Ridge	
WV-24	40.185N	-80.610W	3	407	Apple Pie Ridge	
WV-29	38.977N	-81.051W	2	390	Cabbage Knob	
WV-38	38.782N	-81.528W	1	343	Tuttle Knob	
WV-14	39.523N	-80.539W	1	491	Gilbert Ridge	

47

peaks

5725

nominal cover [sq.km]

143125

Paramount Peaks Catalog No.29 - United States: Atlantic

US1. VAU

Virginia

Peaks of over 150 m eminence, with a selection of lesser peaks

Area [sq.km]: 110,785

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
VAU-5	37.350N	-80.537W	1216	1327	Bald Knob	
VAU-7	36.892N	-82.629W	1123	1288	High Knob	
VAU-15	36.666N	-83.453W	723	1062	White Rocks	VAU KYU
VAU-11	38.555N	-78.395W	644	1232	Hawksbill	
VAU-1	36.659N	-81.544W	618	1744	Mount Rogers	
VAU-2	38.166N	-79.314W	483	1358	Great North Mountain	
VAU-13	36.795N	-80.477W	481	1207	Buffalo Mountain	
VAU-8	37.517N	-79.510W	452	1282	Apple Orchard Mountain	
VAU-18	39.443N	-78.346W	298	789	High Point	
VAU-6	37.924N	-79.852W	281	1293	Bald Knob (Hot Springs)	
VAU-19	37.204N	-78.358W	216	216	Leigh Mountain	
VAU-17	38.978N	-78.631W	186	1005	Mill Mountain	
VAU-20	37.537N	-77.847W	161	161	Tower Hill (Worshams)	
VAU-21	38.924N	-77.232W	155	155	Gantt Hill	
VAU-12	37.740N	-79.223W	147	1232	Bald Knob (Amherst)	
VAU-22	36.700N	-78.090W	134	134	La Crosse Top	
VAU-24	37.729N	-77.579W	115	117	Greenwood Mountain	
VAU-25	37.020N	-77.734W	106	106	Gunns Hill	
VAU-29	36.684N	-78.685W	91	91	Hog Island	
VAU-28	36.593N	-78.436W	91	91	Hundred Islands	
VAU-3	38.462N	-79.241W	66	1338	Reddish Knob	
VAU-16	38.223N	-78.750W	57	1025	Trayfoot Mountain	
VAU-31	38.092N	-76.881W	55	55	China Hill	
VAU-34	38.204N	-77.252W	49	49	Talliaferro Mount	
VAU-40	37.750N	-76.979W	43	43	Dickeys Hill	
VAU-14	37.197N	-80.152W	42	1141	Poor Mountain	
VAU-41	37.397N	-77.240W	41	41	Malvern Hill	
VAU-43	37.452N	-77.028W	36	36	Minitree Hill	
VAU-38	37.562N	-77.274W	36	43	Turkey Hill	
VAU-36	37.293N	-77.680W	36	47	Goose Island	
VAU-45	37.771N	-76.686W	30	30	Butylo Bluff	
VAU-44	37.465N	-76.601W	30	30	Church Hill	
VAU-10	37.830N	-79.122W	28	1232	Maintop Mountain	
VAU-9	37.247N	-80.853W	22	1238	Sugar Run Mountain	
VAU-48	37.226N	-76.512W	21	21	Pigeon Quarter	
VAU-37	37.537N	-77.444W	21	44	Gambles Hill	
VAU-49	36.575N	-76.601W	20	20	Baines Hill	
VAU-39	37.939N	-76.714W	19	43	Richmond Hill	
VAU-50	37.147N	-76.743W	16	16	Chestnut Bluffs	
VAU-47	38.342N	-77.284W	15	26	Bull Bluff	
VAU-52	37.598N	-75.781W	14	14	Ames Ridge	
VAU-51	36.846N	-76.928W	14	14	Round Hill	
VAU-53	37.178N	-75.991W	13	13	Butlers Bluff	
VAU-54	36.895N	-76.812W	12	12	Pope Island	
VAU-30	38.038N	-76.813W	11	55	Rock Springs Hill	
VAU-55	36.901N	-76.025W	10	10	White Hill	

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VAU-46	37.423N	-77.424W	10	28	Drewrys Bluff	
VAU-32	38.131N	-76.966W	10	53	Grants Hill	
VAU-33	38.160N	-76.823W	8	50	Kentucky Hill	
VAU-56	37.365N	-75.988W	6	6	White Cliffs	
VAU-4	38.509N	-79.184W	6	1336	Flagpole Knob	
VAU-23	36.777N	-78.179W	6	119	Chalk Level	
VAU-26	36.648N	-78.583W	5	91	Occoneechee I.	
VAU-42	37.993N	-76.664W	4	38	Hogans Hill	
VAU-35	38.073N	-76.722W	4	47	Prospect Hill	
VAU-27	36.679N	-78.631W	4	91	Nelsons Island	
56	peaks		8541		nominal cover [sq.km]	213525

Paramount Peaks Catalog No.29 - United States: Atlantic

US1. NCR

North Carolina

Peaks of over 150 m eminence, with a selection of lesser peaks

Area [sq.km]: 139,509

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
NCR-1	35.764N	-82.265W	2037	2037	Mount Mitchell	
NCR-7	35.297N	-81.115W	382	382	Spencer Mountain	
NCR-8	35.753N	-80.134W	353	353	Three Hat Mountain	
NCR-12	35.737N	-80.647W	318	332	Youngs Mountain	
NCR-16	35.946N	-79.435W	295	295	Cane Creek Mountains	
NCR-4	36.111N	-81.811W	257	1797	Grandfather Mountain	
NCR-3	35.367N	-82.990W	248	1950	Richland Balsam	
NCR-22	34.882N	-80.547W	234	234	Altan Ridge	
NCR-15	36.104N	-79.997W	182	295	Sandy Ridge	
NCR-30	35.124N	-79.190W	160	160	Gaddys Mountain	
NCR-17	36.244N	-79.414W	154	277	Stony Creek Mountain	
NCR-31	36.072N	-78.541W	148	159	River Rock	
NCR-20	36.260N	-78.901W	121	244	Glenns Mountain	
NCR-19	36.061N	-79.121W	117	261	Occoneechee Mountain	
NCR-39	36.428N	-77.887W	115	115	Littleton Top	
NCR-2	35.705N	-83.257W	106	2015	Mount Guyot	
NCR-27	34.909N	-80.203W	102	190	Gordon Mountain	
NCR-6	35.322N	-83.993W	100	1694	Huckleberry Knob	
NCR-28	35.137N	-79.838W	76	179	Pea Ridge	
NCR-26	35.092N	-80.398W	73	203	Polk Mountain	
NCR-14	35.626N	-80.423W	62	306	Dunn Mountain	
NCR-24	35.066N	-80.648W	58	213	Red Hill	
NCR-13	35.517N	-79.954W	55	307	King Mountain	
NCR-35	35.280N	-79.098W	46	148	Cameron Hill	
NCR-18	35.352N	-80.092W	46	276	Morrow Mountain	
NCR-9	35.755N	-79.952W	41	351	Shepherd Mountain	
NCR-41	36.257N	-77.878W	40	98	Medoc Mountain	
NCR-42	35.282N	-78.821W	39	87	Killens Hill	
NCR-23	35.866N	-79.167W	39	230	Terrells Mountain	
NCR-43	34.458N	-78.532W	37	37	Benson Islet	
NCR-44	34.243N	-78.894W	33	33	Tory Island	
NCR-21	36.382N	-78.995W	31	235	Wesleyan Heights	
NCR-45	34.537N	-78.920W	30	30	Burnt Island	
NCR-37	35.951N	-78.650W	29	145	Adam Mountain	
NCR-10	35.217N	-81.317W	26	343	Yellow Ridge	
NCR-46	34.845N	-78.751W	24	24	Big Island	
NCR-47	34.651N	-78.389W	23	23	Boat Island	
NCR-33	35.049N	-79.339W	23	153	Sandstone Hill	
NCR-48	34.343N	-79.011W	22	22	Big Sandy Ridge	
NCR-29	35.021N	-79.943W	22	161	Ingram Mountain	
NCR-34	35.166N	-79.384W	21	152	Duncraig (Southern Pines)	
NCR-49	34.238N	-78.409W	20	20	Bee Tree Ridge	
NCR-25	35.724N	-79.348W	20	210	Hickory Mountain	
NCR-51	34.219N	-78.208W	19	19	Big Bay Ridge	
NCR-50	34.092N	-78.299W	19	19	Big Island (Green Swamp)	
NCR-53	36.283N	-76.983W	15	15	Ahoskie Ridge	

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NCR-54	36.188N	-77.289W	14	14	Fox Bark	
NCR-52	34.649N	-78.260W	14	15	Bloody Bluff	
NCR-40	36.515N	-77.789W	12	100	Wilkins Hill	
NCR-56	34.708N	-77.831W	11	11	Blue Ridge	
NCR-55	34.113N	-78.590W	11	11	Cow Pen Island	
NCR-57	34.560N	-77.665W	10	10	Bryants Ridge	
NCR-58	35.963N	-75.642W	6	6	Engagement Hill	
NCR-5	36.331N	-81.707W	6	1696	Snake Mountain	
NCR-38	35.124N	-79.015W	4	124	Vaughn Hill	
NCR-32	35.141N	-79.241W	3	159	Johnson Mountain	
NCR-11	35.647N	-80.150W	3	334	Grist Mountain	
NCR-36	35.009N	-79.788W	1	145	Sandy Ridge (Rockingham)	

58

peaks

6513

nominal cover [sq.km]

162825

Paramount Peaks Catalog No.29 - United States: Atlantic

US1. SCR

South Carolina

Peaks of over 150 m eminence, with a selection of lesser peaks

Area [sq.km]: 82,931

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
SCR-1	34.570N	-82.115W	278	278	Big Knob	
SCR-2	34.188N	-81.413W	258	258	Little Mountain	
SCR-3	34.083N	-82.363W	241	249	Parsons Mountain	
SCR-6	33.742N	-81.871W	215	215	Trenton Top	
SCR-8	34.277N	-80.897W	205	205	Blythewood Top	
SCR-5	34.832N	-81.264W	167	220	Bulls Hill	
SCR-10	34.604N	-80.231W	167	176	King Sand Hills	
SCR-4	34.623N	-80.687W	152	230	Pleasant Hill	
SCR-12	34.145N	-80.432W	149	149	Spring Hill	
SCR-16	33.858N	-81.052W	125	125	Sand Mountain	
SCR-21	33.204N	-81.596W	98	98	Snelling Top	
SCR-9	33.943N	-82.038W	95	194	Boles Mountain	
SCR-22	34.320N	-79.882W	94	94	Darlington Top	
SCR-19	34.765N	-79.834W	83	110	Ballast Ridge	
SCR-18	33.988N	-80.648W	74	113	Cooks Mount	
SCR-25	32.966N	-81.379W	70	70	Gravel Hill	
SCR-27	33.271N	-81.097W	69	69	Quartemans Hill	
SCR-26	33.244N	-81.363W	49	70	Barnwell Hill	
SCR-24	34.517N	-81.422W	39	88	Shelton Island	
SCR-28	33.818N	-80.485W	37	58	Sand Hills	
SCR-13	34.358N	-80.651W	31	143	Cantey Hill	
SCR-31	33.429N	-80.237W	28	28	Sixteen Island	
SCR-17	34.085N	-81.077W	28	118	Brice Hill	
SCR-7	34.563N	-81.853W	26	213	Birds Mountain	
SCR-32	33.562N	-80.472W	26	26	Persanti Island	
SCR-33	33.344N	-80.145W	23	26	Nelson Hill	
SCR-34	33.479N	-80.353W	20	25	Pine Island	
SCR-37	33.028N	-80.076W	18	18	Persimmon Hill	
SCR-36	33.589N	-79.117W	18	18	Sandy Island	
SCR-35	32.912N	-80.989W	18	18	Toby Bluff	
SCR-40	34.097N	-79.265W	15	15	Pee Dee Islands	
SCR-39	32.947N	-80.290W	15	15	Rosom Hill	
SCR-41	33.240N	-79.520W	13	13	Pleasant Hill (Landing)	
SCR-14	34.793N	-80.876W	13	140	Culp Island	
SCR-42	34.169N	-79.197W	12	12	Red Bluff	
SCR-38	34.277N	-79.099W	12	15	Watermelon Bluff	
SCR-11	34.695N	-80.332W	11	158	Jumping Hills	
SCR-20	34.024N	-80.988W	7	107	Quinine Hill	
SCR-15	33.563N	-82.013W	4	130	Poverty Hill	
SCR-30	34.172N	-79.746W	3	30	The Stockade	
SCR-29	33.380N	-81.086W	2	48	Snow Island	
SCR-23	34.099N	-80.665W	2	91	Dunns Mount	

42

peaks

3010

nominal cover [sq.km]

75250